

LEG CLUB MAP

Leg Clubs are an initiative which provide community-based treatment, health promotion, education and ongoing care for people of all age groups who are experiencing leg-related problems.

Leg Club staff work to best-practice guidelines they provide a high standard of care in a social and friendly setting that promotes understanding, peer support and informed choice.

The emphasis of the Leg Club is to empower members to participate in their care, in a social environment that eases loneliness by providing welcoming surroundings where old friends can meet and new friendships be formed.



LINDSAY LEG CLUBS

ENGLAND

- Basingstoke
- Blandford
- Bradford on Avon
- Broadstone
- Cranbourne
- Crewe
- Devizes
- Frome
- Garforth
- Kington & Wobley
- Mottingham
- Nailsea District
- Northwich
- Otley
- Poole
- Purbeck
- Rothwell
- Salisbury
- West Moors
- Wetherby
- Weymouth

WALES

- Aberystwyth
- Brecon
- Ystradgynlais
- Crickhowell
- Knighton & Presteigne
- Llandrindod Wells
- Llanidloes
- Llansantffraid-ym-Mechain
- Newtown
- Rhayader
- Trebanog
- Welshpool

SCOTLAND

- Speyside



LUDGVAN CENTIPEDE CLUB

- Ludgvan



**MOVE
YOUR BODY**